# Safe Long Term Therapies for Atopic Dermatitis Management (Allergies)

#### Atopica

- Easy oral pill given every 1-3 days
- Provides relief in 2-4 weeks
- 89% of pets have an improvement in quality of life
- 1 in 3 pets can have short term vomiting or diarrhea
- Cost based off pet's weight
- After the first month option to go to a generic at less cost, if the pet is doing well
- Prior to starting the medication a Chemistry panel, CBC and Thyroid level is required, then a Chemistry and CBC every 12 months.
- A medical progress exam is required 30 days after starting the medication to make sure this is the best way to treat your pet and discuss dosing changes and option to use generic

#### Apoquel

- Oral pill given twice per day for the first 2 weeks and then once per day
- Provides relief quickly in 4-24 hours
- Side effects are low but can include vomiting or diarrhea
- Newer medication, has not been tested with Prednisone or Atopica
- Some pets have the itch return when the dose is decreased to once daily and will need to be managed with other treatments. Twice daily dosing is not safe longer than 2 weeks.
- First month cost for patients 6-15 lb & 30-45 lb \$68.80, 15-30 lb & 45-90 lb \$123.60, 90-130 lb \$178.40, 130-176 lb \$233.20 \*\*tax extra
- Cost for a 100 ct bottle is \$249.20 + tx. 6-15 lb & 30-45 lb-\$37.41/month, 15-30 lb & 45-90 lb \$74.83 month, 90-130 lb \$112.25 month, 130-176 \$150.12 per month on maintenance \*\*tax extra
- Prior to starting the medication a Chemistry panel, CBC and Thyroid level is required, then a Chemistry and CBC every 12 months.

## Cytopoint injection

- Subcutaneous injection every 4-8 weeks
- Provides relief within 1-3 days
- 80% of pets have an improvement in quality of life
- Some pets can have short term vomiting, diarrhea, and/or lethargy, but these are not common and resolve quickly typically without treatment.
- Cost based on pet's weight Range of \$50-195/injection + \$27 tech fee if done in clinic. \*\*tax extra
- Can be used along with any of the above medications as well as vaccines, prednisone, antibiotics, antifungals, and antihistamines such as Benadryl and Zyrtec.
- Prior to administering the injection a chemistry panel and CBC is required, then a Chemistry and CBC every 12 months

# Allercept Therapy Drops (Immunotherapy)

- Allergy test required
- Treats only the allergens your pet is allergic to
- Improvement is seen within the first 1-3 months but treatment should be continued for 10 months to determine if this is the best way to manage your pet's allergies
- 60% of pets have a significant improvement
- Side effects are mild and usually limited to itching or irritation inside of the mouth causing rubbing or scratching at the face for the first 5-10 minutes after administration. No treatment is usually needed.
- Dosing is 2 pumps of liquid twice per day under the tongue every day long term with no dose change
- First dose is demonstrated in the clinic
- Stored at room temperature
- No food, water or treats can be given with the dose or 10 minutes before and after
- Allergy test cost is dependent on tests requested. The most common panel is \$200.60 for pollens, molds, fleas, and mites.
- Contact us for current pricing

# Allercept Therapy Shots (Immunotherapy)

- Allergy test required
- Treats only the allergens your pet is allergic to
- Mold allergens cannot be used in combination with other allergens so may need to be added in a second set of vials
- Improvement is usually seen within the first 4-12 months
- 60-80% of pets have an improvement
- Injections under the skin are given every 4 days for 10 treatments. Injections are then gradually lengthened. Pets will need injections every 1-4 weeks when on maintenance therapy.
- Pets need to be observed for a minimum of 30 minutes after the injection due to chance of a reaction. We give the option of coming to the clinic for the first 11 injections and option to send home an injection of Benadryl in case of reaction.
- Reaction can include redness and itching at the injection site, generalized itching or more severe reactions
- Stored in the refrigerator
- Allergy test cost is dependent on tests requested. The most common panel is \$200.60 for pollens, molds, fleas, and mites.
- Contact us for current pricing

## Adjunctive Therapies or Therapies that may control signs of mild allergies alone

- Antihistamines-Examples:Benadryl, Cetirizine. These must be given correctly
- Omega-3 Fatty Acid Supplement (DHA/EPA)-Example: Welactin
- Skin supplement-Example: Dermaquin
- Medicated Shampoo, Mouse or Spray
- Steroid Sprays or Creams
- Medicated ear treatments